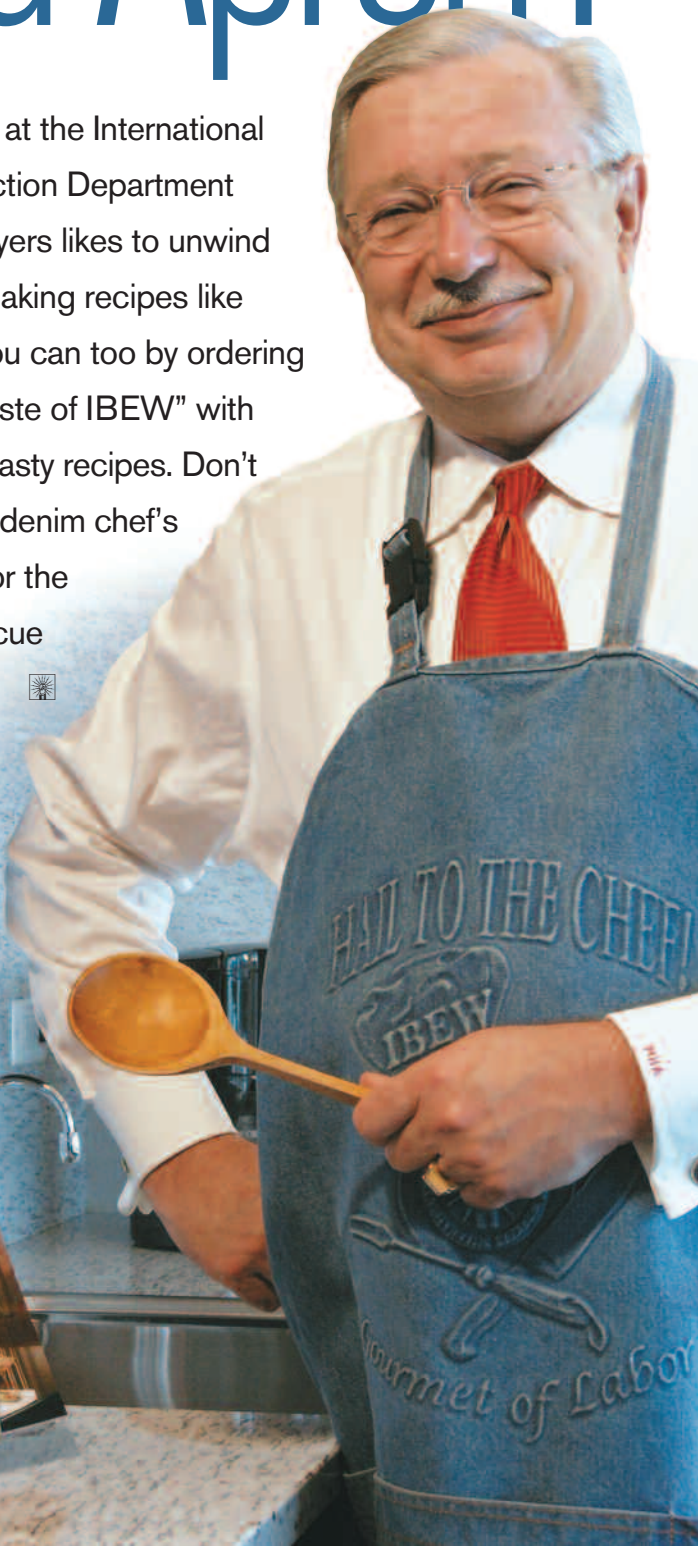


Got Your Cookbook And Apron?

After a hard day at the International Office, Construction Department Director Mark Ayers likes to unwind in the kitchen, making recipes like 480 volt chili. You can too by ordering your copy of "Taste of IBEW" with more than 900 tasty recipes. Don't forget the spiffy denim chef's apron, perfect for the backyard barbecue season. ☀



480 Volt Chili

- | | |
|--|---|
| 4 slices hickory cured bacon strips | 2 tablespoons cayenne pepper |
| 4 pounds sirloin steak tips | 5 tablespoons chili powder |
| 2 pounds sweet Italian sausage | 2 tablespoons cumin |
| 2 large white onions, chopped | 4 teaspoons oregano |
| 2 large sweet green peppers, chopped, cored and seeded | 2 teaspoons coriander |
| 4 cloves garlic, chopped | 1 teaspoon black pepper |
| 2 10-ounce cans diced tomatoes | 2 teaspoons salt |
| 3 8-ounce cans tomato sauce | 1 cup finely shredded mild cheddar cheese |
| 2 teaspoons chicken bouillon | chopped jalapeños |
| 2 cups hot water | 1/4 cup masa flour (you may need more or less depending on how you like your chili) |
| 1/2 cup honey | *1/2 cup sugar (sugar reduces the acid in the tomatoes) |
| 2 cans dark red kidney beans | |

In a large pot, fry bacon until crispy. Remove bacon (leave grease) and set aside to cool. Using a food processor, chop up 2 lbs. of steak tips. Cut the other 2 lbs. of steak tips into 1/2 inch cubes. With the pot used to prepare the bacon, fry the steak, sweet sausage (casings removed), onions, peppers and garlic together. When the meat is brown and the pepper, onion and garlic are cooked well, add the next 6 ingredients and bring the chili to a slow boil over medium heat, stirring occasionally. Stir in, one at a time, each of the next 7 spices. Add cheddar cheese and stir until melted into chili. Add jalapeños, adjusting amount to preferred heat. Use masa flour to thicken. Stir and let slow cook over a low heat for 1 1/2 hours, stirring occasionally. Crumble cooked bacon over top. Enjoy!

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